



# Tobi Ishi Kai Karate Schools 飛石会



# Newsletter

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Issue 8

### SPECIAL AWARDS

Throughout the year and during gradings there are a number of students who stand out, so during the presentation evenings a number of special awards / certificates will be given out. Please make sure you attend.

### England call up for two students

Tobi Ishi Kai Karate Schools have now been ranked as one of Englands Top Wado-Kai Schools, with several students picked for the England 'A' Team and two of our students – Katrina Wilson and Chloe Hooper selected to represent England in the European Wado-Kai Karate Championships.

The European Championships will be held in Maidenhead on the 4<sup>th</sup> November 2006. This prestigious event has only two entries for each country per category, so it is a remarkable achievement for one karate school to have two of their students chosen.

Katrina aged 13 is now ranked England No 1 in the under 16's category. Chloe has also worked exceedingly hard this year and has also managed top ranking in the under 13 years section.

We would like to congratulate the girls on their England selection, a just reward for all their hard work and dedication, we wish them every success with the European Championships.

Any local companies wishing to sponsor Katrina & Chloe please contact Tobi Ishi Kai Karate Schools.

### Success at Open Tournament

On Sunday 8<sup>th</sup> October a small kata squad team were taken to Cannock to enter the Mushindo Open Karate Championships. An Open tournament integrates all different styles of karate making this a tough competition especially for the more senior students, so we were delighted with the excellent results achieved by the squad members.

## Grading Presentation Nights

All students taking a grading on Sunday 15<sup>th</sup> October will be presented with their belts & certificates week commencing 23<sup>rd</sup> Oct (half-term). Due to the large number of students it has been decided to hold two presentation evenings which will consist of a short fun karate session to include padwork followed by the presentation of Belts, Certificates and special awards.

### PRESENTATION AT NUNNERY WOOD SPORTS COMPLEX ON MONDAY 23<sup>RD</sup> OCTOBER 6pm – 7pm

This evening the members who primarily train at the Lyppards, students from Whittington Primary, Northwick infants & Northwick Junior School will receive their belts & Certificates

### PRESENTATION AT PERDISWELL SPORTS & LEISURE CENTRE ON THURSDAY 26<sup>TH</sup> OCTOBER 5pm – 6pm

This evening the presentations for all other members will be held, this includes members from Claines Primary, Warndon Junior, St Barnabus, Perdiswell Primary.

## Results

### Cat 1 individuals

Zac Vallely GOLD,  
Emily Finch SILVER



### Cat 2 individuals

Rebekah Bennett GOLD,  
Tara Wilson SILVER



### Cat 4 individuals

Katrina Wilson - BRONZE

### Cat 6 Pairs 5<sup>th</sup> kyu & below

Emily Finch &  
Tom Blundell – BRONZE



### Cat 7 Pairs 4<sup>th</sup> kyu up to and including black belt

Tara Wilson & Rebekah Bennett – Joint BRONZE  
Katrina Wilson & Chloe Hooper - Joint BRONZE



### Cat 10 Team – under 16's any grade

Katrina Wilson, Chloe Hooper & Taniith Ludlam  
SILVER



## Squad Training

For any students wishing to enter tournaments or simply just to brush up on Kata or Kumite (sparring) there are Squad Training Sessions available every Saturday 11am to 12.00. All students may join in but we must stress that this does not guarantee entry into all competitions. Competitions are held throughout the year and often with very little notice. We will always try to enter keen students into competitions that are purely Wado-kai (our style of karate). Open competitions however, are usually very tough with students entering from various different styles. An open competition is often a large daunting event and is not always suitable for some students, such events will always be subject to a selection process. Tobi Ishi Kai Karate Schools has a reputation for producing an excellent standard of student so squad members wishing to retain their place must attend as many sessions as possible.

## Changes to Primary School Membership

With the run up to this months grading, it has been noticed that a large number of children from the 'After School' classes are unable to grade due to students not managing to attend enough training sessions. Regular training is vitally important for children to gain the benefit of martial arts training. Techniques learnt are often forgotten before they attend the next training session. With that in mind, we have decided to change the primary school members over to Half Membership to bring students in line with other members.

Half membership entitles the student to nine sessions per month. You are currently paying on average £16.80 per half-term (£2.80 x 6 sessions). Up until January we are offering all our Primary School Students Half membership at £16.80 per month – that's equivalent to nine lessons at only £1.87 (you would be hard pushed to find another sport at that price per hour!) The normal price of half membership is £21 or £20 if paid by standing order, so even in January when the discount price ends your lessons will only cost £2.23

Week commencing 30<sup>th</sup> October students will be given a Half membership card in return for their membership fee of £16.80. Please keep this attached to your Grading Syllabus & Attendance Books with a paper-clip. These cards **must** be brought to each session for signing off. Each

card expires at the end of the month and a new card will need to be purchased. Fees are due on the first training session of each month.

Please do not worry about fitting in your extra sessions. Attached to this newsletter is a list of additional classes that all members can attend. Give your child the chance to be an excellent martial artist!

## Merit Badges

Merit award badges are now available to all of our members. The badges are designed to reward students for their hard work. The badges will help children focus, making them practice and improving their standard.

There will be two badges to train for between each grading plus additional badges will be awarded for students who show exceptional standards. The badges must be attached to the karate gi. There is a small charge of £1.50 for each badge to cover costs.



## T-Shirt Week

Week commencing Monday 6<sup>th</sup> November all students will be allowed to wear their Tobi Ishi Kai Karate Schools T-Shirt for one week. Please note that T-Shirts must be the Karate Schools T-Shirt and that belts still need to be worn. Students may of course wear their Karate Gi as normal.

## Sparring Equipment for Health & Safety

With new regulations from the Japanese Karate Federation and our own health & safety policies, we can no longer allow children to participate in sparring sessions unless they wear the appropriate protective equipment. For hygiene, it is recommended that students acquire their own equipment before Orange belt level. The full kit should include the following:

Headguard, competition mitts, shin and foot protection, gum shield and groin guard for boys.

This equipment can be purchased at a discounted price from Tobi Ishi Kai.



## Tobi Ishi Kai Karate Cubs

New classes for 4 – 6 years will be starting on Saturday 11<sup>th</sup> November at Perdiswell Leisure Centre in the dance studio. This special 45 minute class has a curriculum designed to maximize on potential by retaining a child's focus with a programme based on fun dynamic movement. To enrol your child on this programme please call Justine Wilson on 07793212426 to reserve your child's place. Numbers will be restricted.



## Next Grading Dates

for students up to 3rd kyu brown belt

For those that missed the grading on the 15<sup>th</sup> October there will be another opportunity to grade on Saturday 11<sup>th</sup> November at the Lyppard Grange Community

Droitwich Leisure Centre - between 10am & 5pm  
17th December 2006

## New Wednesday Class

Starting Wednesday 1<sup>st</sup> November there will be a further class available at Perdiswell Leisure Centre 5pm – 6pm. Please see attached for a full list of our classes.