

KUMITE



**England's Top Wado
National Championships**

NATIONAL CHAMPIONSHIPS 2010

WADO KATA



**Open to all members
of EKF or WKF**

*Top Quality Medals &
Trophies*

40 Categories

*Kata, Kumite &
Kick-master Kumite*



*£6 Kick-master Kumite
£12 Individuals
£15 Pairs £21 Teams*

Spectators

*Adults £5
15 yrs & below £3
under 5's free*

English Wado Federation

National Championships

12th September 2010

Nunnery Wood Sports Complex, Spetchley Rd, Worcs WR5 2NL

englishwadofederation@fsmail.net Tel: 07929 780481

By entering this competition you agree to abide by the rules of this competition as set down by the English Wado Federation in this Entry Form

This competition is only open to EKF members or WKF members affiliated to their national governing body.

KATA CATEGORIES

Cat No	Grade	Age
1	Peewee 7 th Kyu and below	7yrs & under
2	Beginner up to and including 6 th Kyu	9yrs & under
3	5 th Kyu and above	9yrs & under
4	Beginner up to & including 7 th Kyu	10 - 12yrs
5	6 th Kyu to 4 th Kyu	10 - 12yrs
6	3 rd Kyu & above	10 - 12yrs
7	Beginner up to & including 4 th Kyu	13 - 15yrs
8	3 rd Kyu & above	13 - 15yrs
9	Beginner up to & including 4 th Kyu	16yrs +
10	3 rd Kyu & above	16yrs +
11	Kyu Grades	35yrs +
12	Senior Black Belts	35yrs +
13	Pairs up to & including 4 th Kyu	Any Age
14	Pairs 3 rd Kyu & above	Any Age
15	Teams up to & including 4 th Kyu	Any Age
16	Teams 3 rd Kyu & above	Any Age

KUMITE CATEGORIES

Category	Age	Gender	Weight
17	Kick-master kumite	9yrs & under	Not applicable
18	7 - 9 Years	Mixed	Not applicable
19	10 -13 Years	Male	Under 45k
20	10 -13 Years	Male	45k +
21	10 -13 Years	Female	Under 40k
22	10 -13 Years	Female	40k +
23	14 -15 Years	Male	Under 55k
24	14 -15 Years	Male	55k +
25	14 -15 Years	Female	Under 55k
26	14 -15 Years	Female	55k +
27	16 -17 Years	Male	Under 60k
28	16 -17 Years	Male	60k +
29	16 -17 Years	Female	Under 55k
30	16 -17 Years	Female	55k +
31	18 Years and over	Male	Under 70k
32	18 years and over	Male	70k +
33	18 years and over	Female	Under 60k
34	18 years and over	Female	60k +
35 Team	14 -15 Years	Male	Open weight
36 Team	14 -15 Years	Female	Open weight
37 Team	16 -17 Years	Male	Open weight
38 Team	16 -17 Years	Female	Open weight
39 Team	18 Years and over	Male	Open weight
40 Team	18 years and over	Female	Open weight

ENTRY FORM - INDIVIDUALS

CLUB _____

ASSOCIATION _____

	Name	Cat. No.	Age	Grade	Fee
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
				Total	£

ENTRY FORM - PAIRS

CLUB _____

ASSOCIATION _____

	Pairs Team Name	Cat. No.	Grade	Fee
1				
2				
3				
4				
5				
6				
7				
8				
			Total	£

ENTRY FORM - TEAM

CLUB _____

ASSOCIATION _____

	Team Name	Cat. No.	Grade	Fee
1				
2				
3				
4				
5				
6				
7				
8				
			Total	£

ENTRY FORM – Please complete these details to validate your entry

CLUB NAME _____

ASSOCIATION _____
(as registered with EKF)

CONTACT NAME _____

ADDRESS _____

TELEPHONE NUMBERS _____

EMAIL _____

Total number of individual entries		@ £12	
Total number of Kick-Master entries		@ £6	
Total number of pairs entries		@ £15	
Total number of team entries		@ £21	
Video Pass		@ £5	
		Total	£

Professional photographers will be at this event. Anyone wishing to take photos or video must apply for a video pass.

Please send entry returns to: **englishwadofederation@fsmail.net**

or post to: English Wado Federation
 PO Box 6166
 Tipton
 West Midlands
 DY4 4AP

Tel: 07929 780481

**All entries must be returned by
 WEDNESDAY 8TH SEPTEMBER 2010**

RULES

WKF Rules to be used throughout with slight modifications as listed below. Any additional rule amendments will be explained to coaches prior to event

Competitors must be in possession of a valid licence - random checks will be carried out.

Gi's must be white karate suits and the correct fit. Sleeves & trousers must NOT be rolled up

Categories are subject to availability. Competitors may be transferred to another category without notice, if certain categories are insufficiently supported.

All competitors must meet the correct age, grade and weight

KATA

Wado Kata Only from the list below:

Kihon Gata (Beginners Kata), all Pinans, Kushanku, Naihanchi, Seishan, Chinto, Bassai, Wanshu, Jion, Jitte, Rohai & Suparimpei

Categories 1, 2, 4, 7, 9, 11

Pinan Kata MUST be performed in the first round and may be repeated

Categories 3 & 5

Pinan Kata must be performed in the first round.

Competitors must use a minimum of two kata (alternating between both)

Categories 6, 8, 10 & 12

Competitors must use a different kata in each round

Categories 13, 14, 15, 16 - Pairs & Teams

Competitors may repeat kata

KUMITE

All matches to be 1min 30 sec, with 1 minute Sai Shiai where necessary

All teams to be three persons (minimum of two competitors)

KICKMASTER KUMITE

Consist of each competitor simultaneously attacking their respective red or blue kick post for 25 seconds. The competitor who is judged to have attacked with the most skill will be awarded the win. Three flag system as in kata

Gum shields, red & blue belts and WKF style mitts are compulsory

WKF style shin protectors and foot pads are compulsory for age 14+, however foot guards and shins are advised for all ages. No white cotton protectors allowed!

COACHES

Only one coach on an area at any time

Coaches only to approach a referee regarding administrative issues (there will be no discussions regarding refereeing decisions)

Coaches packs will be available from 9.am and will include:

- 1 free coach pass for entries of up to 8 competitors
- 2 passes for entries of over 8 competitors
- 3 passes for over 15 competitors

Each pass entitles the coach entry to the complimentary buffet lunch

DECLARATION

By entering this competition you agree to:

- 1 abide by the rules of the competition as set down by the English Wado Federation in this Entry Form.
- 2 ensure all your competitors hold valid licences and registration slips from the EKF and agree to random licence checks
- 3 competitors enter at their own risk and in doing so absolve the tournament organizers of any claims which may arise due to loss, injury or damage of personal property however caused.

REGISTRATION

Doors open 9am, competition to commence at 9.30am

DIRECTIONS

Nunnery Wood Sports Complex, Spetchley Road, Worcestershire, WR5 2NL

Leave M5 at Junction 7 head into Worcester on the A44

Take the second exit on the first roundabout

Take the first exit on the second roundabout then keep to the right lane of the short dual carriageway, towards the end of the right lane you will approach a roundabout.

Take the first exit off onto Spetchley Road

Turn left into the approach drive for Nunnery Wood High School and the Sports Centre

Follow the drive to the end where you will find free parking and the sports centre